



LAURENCE H. STONE, D.D.S.
COSMETIC & GENERAL DENTISTRY

For the smiles of your life.

INSTRUCTIONS FOR COSMETIC & CROWN AND BRIDGE PROCEDURES

Before your visit:

- Do home care faithfully. Floss daily,
- Use Peridex mouth rinse (if given) twice daily everyday until your next scheduled appointment.
- Do not take anticoagulants, aspirin or NSAIDS (Advil, Motrin Aleve) or nutritional supplements such as Ginkgo Biloba for seven days prior to appointment unless directed by your physician.
- Discontinue the use of any bleaching or lightening treatments for at least 3-4 weeks before your visit to allow the color of your teeth to stabilize.
- Please refrain from wearing lipstick and makeup around the mouth area during these appointments.
- If you are whitening your teeth, a final shade must be taken within three months to avoid retaking impressions and additional costs.

After your visit:

- Do not eat or drink anything hot for one hour after your appointment or until the anesthesia wears off.
- Do home care faithfully, flossing daily. (Pull floss "through" after cleaning your provisional crown so as not to dislodge your crown.)
- Do not chew sticky foods including chewing gum on your provisional crowns. To prevent sensitivity, avoid drinking acidic beverages such as sodas and orange juice.
- To prevent the need for additional treatment, call immediately if your provisional crown comes off or if you experience any other problems.

Please note:

Failure to follow these instructions carefully can increase the time and cost needed to successfully complete your treatment.

311 Hyde Park | Route 202 & Mechanicsville Road | Doylestown, PA 18902
(215) 230-7667 | FAX: (215) 230-9210
help@DrLarryStone.com | www. DrLarryStone.com