



LAURENCE H. STONE, D.D.S.

COSMETIC & GENERAL DENTISTRY

For the smiles of your life.

POST OPERATIVE IMPLANT INSTRUCTIONS

DON'T

1. No spitting, rinsing, drinking through a straw, sucking on mints, candy, etc. for the first 24 hours (these all cause suction in the mouth which promotes bleeding).
2. Smoking inhibits healing and can affect the final results of treatment. Please refrain from smoking.
3. Do not drink hot beverages or attempt to eat anything until the anesthesia has worn off.
4. Do not use an electric toothbrush for six weeks after the surgery.

DO

1. Apply an ice bag or cold compress to the outside of your face over the operated area. Keep the face cool, not frozen, through the first 24 hours. This will keep the swelling and discoloration to a minimum.
2. Eat soft foods and avoid all chewing in the operated area until you return to the office for the first post-operative visit.
3. After 24 hours you may rinse gently with warm salt water or any mouthwash of your choice.
4. Follow your normal home care program in all areas except those involved in surgery.
5. Take medication as recommended or prescribed. Call the office should you have any questions or concerns.
6. In the event of an emergency please call Dr. Stone at home 215-598-8142 or his cell 267-261-1906