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COSMETIC & GENERAL DENTISTRY

For the smiles of your life.

PATIENT INSTRUCTIONS FOR SALIVA TESTING

Avoid:

- Eating, drinking, smoking, one hour prior to testing.
- Absolutely no brushing, flossing or rinsing before appointment.
- Systemic antibiotics for 6 weeks prior to testing.
(Exceptions – Premedication, Periostat, HPV test, Saliva Buffer/ Mutans test)

Saliva Buffer Test:

Test is designed to measure the flow rate (amount), consistency, and buffering capacity of patient saliva. The amount and content of saliva is critical in prevention of tooth decay.

Saliva Mutans Test:

Test is designed to measure the quantity of *Streptococcus mutans* present in the patients mouth. This bacteria is responsible for the development of tooth decay and its progression.

My Perio Path Test:

Test is designed to measure the specific type of bacteria present in the periodontal tissues (gums), and the amount of each type. Some types of bacteria contribute more to gum disease and bone loss than others.

My Perio ID:

Test is designed to measure the patient's immune response to periodontal bacteria. Test only needs to be done once. Test determines patient's ability to resist periodontal bacteria and prevent periodontal disease and bone loss.

OralRisk HPV:

Test is designed to measure an increased risk for oral cancer. The Human Papillomavirus (HPV) is showing increasing risk for development of oral cancers.